

## **GAVICON ADVANCE MINT CHEWABLE TABLETS**

**Sodium alginate  
Potassium bicarbonate**

**Please read this leaflet carefully before you take this medicine. If you are not sure about anything ask your pharmacist or doctor.**

### **What are Gaviscon Advance Mint Chewable Tablets?**

Gaviscon Advance Mint Chewable Tablets belong to a group of medicines called 'reflux suppressants', which form a protective layer on top of the stomach contents to prevent stomach acid escaping from the stomach where it works into the food pipe causing pain and discomfort.

### **What are Gaviscon Advance Mint Chewable Tablets used for?**

Gaviscon Advance Mint Chewable Tablets are used for the treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, which may occur, for example, following meals or during pregnancy, and in patients with symptoms related to oesophagitis.

It can also be used to relieve the symptoms of conditions such as hiatus hernia (protrusion of muscle through a muscle wall), symptoms of hoarseness and other voice disorders, sore throat and cough associated with reflux. It can be taken to control heartburn symptoms which may occur while taking, or following withdrawal of medication to reduce stomach acid such as Proton Pump Inhibitors (PPI's) or H2 Antagonists.

### **Before using Gaviscon Advance Mint Chewable Tablets:**

#### **Do not take this product if:**

- You know you are allergic to any of the ingredients as very rarely difficulty in breathing and skin rashes have occurred (see further information for a full list of ingredients).

### **Take special care before treatment with Gaviscon Advance Mint Chewable Tablets:**

This medicine contains sodium (4.5 mmol per two-tablet dose), potassium (2.0 mmol per two-tablet dose) and calcium (2.0 mmol per two-tablet dose).

- If you have been advised to follow a diet restricted in any of these salts please consult your doctor before taking this product.
- Please also talk to your doctor regarding these salt contents if you suffer or have suffered from significant kidney or heart disease, as certain salts could interfere with these diseases.

If you have phenylketonuria, note that this product is sweetened with aspartame, a source of phenylalanine.

Please consult your doctor if you know you have reduced amounts of gastric acid in your stomach, as this product may be less effective.

### **Taking other medicines**

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without prescription.

### **Pregnancy and breast-feeding:**

You can take this product if you are pregnant or breast-feeding. As with all medicines, the treatment duration should be limited as much as possible.

### **How to take Gaviscon Advance Mint Chewable Tablets:**

For oral administration. Chew thoroughly before swallowing.

**Adults and children over 12 years:** When symptoms occur take one to two tablets after meals and at bedtime.

**Children under 12 years:** Should only be taken on medical advice.

If you forget a dose it is not necessary to double the dose next time, just carry on taking as before.

If you take too much of this product you may feel bloated. It is unlikely to cause you any harm, but please consult your doctor or pharmacist.

### **After taking Gaviscon Advance Mint Chewable Tablets:**

If symptoms persist after 7 days consult your doctor.

### **Possible side effects**

Very rarely (less than 1 in 10,000 patients treated), there is chance of an allergic reaction to the ingredients. Symptoms of this may include skin rash, difficulty in breathing, dizziness, or swelling of the face, lips, tongue or throat. If you experience these or any other side-effects stop taking the product and consult your doctor or pharmacist.

Also you can help to make sure that medicines remain as safe as possible by reporting any unwanted side effects via the internet at <http://www.mhra.gov.uk/yellowcard>

Alternatively you can call Freephone 0808 100 3352 (available from 10 a.m. to 2 p.m. Mondays to Fridays) or fill in a paper form available from your local pharmacy.

### **Storing your medicine:**

Do not use after the expiry date (EXP month/year) shown on the pack.

**KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.**

Do not store above 30°C. Store in the original package.

### **Further information**

Gaviscon Advance Mint Chewable Tablets are off-white to cream, circular, flat with bevelled edges tablets with the odour and flavour of peppermint. Each tablet contains sodium alginate 500 mg and potassium bicarbonate 100 mg as the active ingredients.